

# Being a Leader Worth Following

NAWIC South Central Region Annual Fall Conference 2018

<b>The 5 "C" Traits of Leaders (Worth Following)</b>	<b>Competence</b>
<b>Courage</b>	<b>Clarity</b>
<b>Coaching</b>	<b>Character</b>

## People Engagement Measuring Stick (from First, Break all the Rules)

1. Do I know what is expected of me on this team?
2. Do I have the materials & equipment I need to do my work right?
3. Do I have the opportunity to do what I do best every day?
4. In the last 7 days, have I received recognition or praise for doing good work?
5. Does my leader seem to care about me as a person?
6. Is there someone who encourages my development?
7. Do my opinions seem to count?
8. Does the Mission of my team make me feel my role is important?
9. Are my teammates committed to doing quality work?
10. Do I have a best friend on the team?
11. In the last 6 months, has someone talked to me about my progress?
12. This last year, have I had the opportunities to learn and grow?

## Strengths Based Leadership & On-Line StrengthsFinder (by Rath & Conchie)

### Leadership Domains

1. Executing
2. Influencing
3. Relationship Building
4. Strategic Thinking

### Needs of Followers

1. Build Trust
2. Show Compassion
3. Provide Stability
4. Create Hope

## Power of Full Engagement

Managing energy (not time) =  
high performance

Energy diminishes with  
overuse and underuse

Energy cycles to expend, then  
renew/recharge

Routines for managing energy  
are key



Physical



Emotional


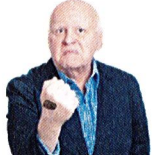







Mental



Spiritual



<p><b>The 7 Toxic Leadership Behaviors (to avoid)</b></p>	<p><b>The Narcissist</b></p> 
<p><b>The Explosive (Bully)</b></p> 	<p><b>The Gangster</b></p> 
<p><b>Turncoat/Backstabber</b></p> 	<p><b>The Casanova</b></p> 
<p><b>The Invertebrate</b></p> 	<p><b>The Zombie</b></p> 

**Happiness Matters**



**1/24/30 + A**

<b>My Leadership Action Plan (I'm going to work on these, really!)</b>		
<b>Start/Stop/Change</b>	<b>Habit/Discipline/Routine</b>	<b>Accountability</b>

**More Recommended Reading**

- First, Break all the Rules, Buckingham & Coffman
- The Power of Full Engagement, Loehr & Schwartz
- Getting Things Done, David Allen
- The Happiness Advantage, Shawn Achor